
May 2023 Newsletter



Long-suffering

"But the fruit of the Spirit is love, joy, peace, long-suffering, gentleness, goodness, faith, meekness, temperance: against such there is no law".

Galatians 5:22-23 KJV

As a mother, (if any of you are parents or work with children, you may relate) I find myself telling my children many times throughout the day to *be patient*. And to be completely honest, I myself am still having to learn patience as I try to teach them about it. Most times when I'm telling my children to be patient is when my attention isn't fully on them and I may be in conversation with someone else, or when they are waiting for food to be done, both when they have a need that is needing to be met. Whether that be an emotional need or a physical need of hunger. As my role of parent now, I realize I am teaching them about patience in what seems like small or remedial moments, but I know it's preparing them to learn patience for when the bigger moments require more. But what about teaching suffering, and in reference to this scripture: *long-suffering*? In different versions of this passage patience is used synonymously with long-suffering, I personally know the verse better with the word *patience*. But this word of long-suffering stood out to me as I read it. I believe the scriptures are Living, so I must think, "ok God, why is this standing out to me now, what am I supposed to know about You and myself as I read this"?

First off I'm thankful that as our Heavenly Father we never have to beg for his attention, like my children may have to do from time to time as I'm either distracted or my attention is just on someone else. I'm also thankful that for those of us that have *drank from the water He gives, will never be thirsty again. John 4:13-14*. He can and does meet all of our needs. But knowing this, we too at times are still like our children, we need to learn long-suffering for it is a Fruit of the Spirit. The definition of long-suffering is having or showing patience in spite of troubles, especially those caused by other people. What I think He is teaching me is that patience isn't just politely waiting until it's my turn or when I'm waiting for an answer. Instead it's having patience in spite of the trouble I may be experiencing, even if it is caused by other people. But what are some other words for long-suffering? Uncomplaining, easygoing, resigned, forgiving and understanding. WOW?! I think what He is trying to teach me is that long-suffering, having patience amidst troubles, is a Fruit that He wants us to have. If that long-suffering is caused by someone else, be forgiving, easygoing and understanding. And a real big one - don't complain during the long-suffering, for it will produce fruit, and that long-suffering is the fruit! For myself I find it an important reminder that just as my children need reminders to be patient, I too still need taught to long-suffer!

Jennifer Caplinger,
ARO Administrative Assistant



Muncie (IN) Southside Church of the Nazarene

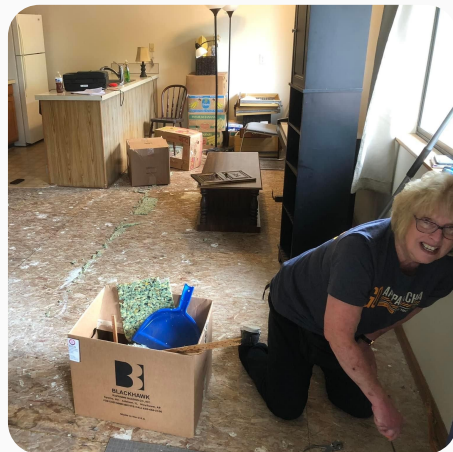
Our 1st Work & Witness team to our West Virginia site was from Muncie, IN. They were led by our wonderful site coordinators Rich and Thelma Mills. This team truly were the hands and feet of Jesus this week. Enjoy these pictures of their time serving in the mountains!





Crossroads Church (OH)

Cindy and Sonya with Crossroads Church, one of ARO's wonderful connections, worked so hard the 48 hours they were here. They helped helped in many areas of our Thrift Store, prepared an apartment to receive new flooring for our staff, and moved furniture for our new summer intern. Thank you for all your hard work!





Love in Action (MO)

This team served faithfully as they completed different projects around our KY campus in order to prepare for our summer groups. They also performed random acts of kindness throughout Inez. They brought food for the Food Pantry and items for Karen's Maternity, served at the local nursing home and provided supplies to be distributed at a later date for our school resource centers. Some people in these pictures served at ARO 10 years ago!







ARO's staff, friends, and supporters want to congratulate our Executive Director, Dwayne Mills, for being awarded the Distinguished Service Award in the Church of the Nazarene, at the Eastern Kentucky District Assembly. Dwayne has spent most of his life in the ministry dedicating his life to serving others and following God's call on his life. It's a blessing to work alongside Dwayne, and to see his heart for those he has ministered too. We are thankful you said "yes" to God when He called you to this work! Would you help us congratulate our well-deserved servant leader on this honor? We are so thankful for you and all you do to serve those that God has called you to serve, and we know many lives have been changed for eternity because of your obedience and how He has worked through you! Congratulations, Rev. Dwayne!!

Rev. Dwayne P. Mills, ARO's Executive Director, awarded the Distinguished Service Award in the Church of the Nazarene



Our partners are just the best, and Judy and Claudette are some of the best! As our summer schedule is beginning with our work groups coming in July and Claudette will do all the grocery shopping and Spring and Fall cleaning of our mission house. These two ladies as well as Turkey Creek Church of the Nazarene will provide one meal each week that ARO hosts a team. Thank you for serving those that come to serve with ARO. We couldn't do it without you!

Appalachia Reach Out
ARO
Christ's Love in Action

Make Waves

WHAT YOU DO TODAY CAN CHANGE THE WORLD AROUND YOU

**JOIN US FOR VBS @
WARFIELD PARK
11-2PM
JUNE 5TH-8TH
LUNCH, GAMES, CRAFTS,
MUSIC & BIBLE STORIES**



We want to congratulate Savannah Jo Young, the 2023 ARO Hinkle-Sumpter Scholarship recipient!



Please help us welcome, **Heather Perry**, our newest Summer Intern! We are so excited to have her join our team! Heather is a recent graduate of Olivet Nazarene University with a degree in Business Administration, with a concentration in Philanthropy/Not-for-profit. Please help us welcome Heather to our team!



Our ARO Food Pantry has been busy continuing to help families in our community. They were able to serve 130 families last month. What a blessing to continue to serve so many people. A HUGE *Thank you* to our leaders Bill & Jana Zuidema. We are so appreciative of the work you do for ARO! If you would like to donate the following items, it would be greatly appreciated:

- Family sized cereal
 - Family sized orange/apple juice
 - Cartons of shelf stable milk
 - Cans of soup
 - Chef Boyardee in cans
 - Pinto beans in bags
 - Peanut butter
 - Jelly
 - Spaghetti noodles
 - Jars of spaghetti sauce
 - hand held can opener's-please no electric can opener's
- *All items need to be within their expiration date*
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If you are in the area where Dwayne will be speaking, or want to plan to hear about ARO and how God is moving in the mountains, we would love to see you on the road!

Dwayne's Upcoming Speaking Schedule:

Saturday, June 10 – General Assembly Church of the Nazarene – Indianapolis, IN Wednesday, June 21 –
Friday, June 23 – North Carolina District Nazarene – NDI Camp; NMI Convention – Charlotte, NC



New Castle Southside Church of the Nazarene in Indiana

It was so good to be back in Indiana with Pastor Randy Tooley and the great people of this congregation to share all that God is doing through ARO.



Columbus First Church of the Nazarene in Indiana

It was wonderful to be with Pastor Travis Stamper and the people of Columbus, IN. We are always thankful to make new connections and reunite with old friends as we share about all the good things God is doing through the ministry of ARO.



Thank you for partnering with ARO to be Christ's Love in Action. Thank you for your faithful prayers, service, giving, and trust in ARO! All that has been accomplished would not be possible without you! Will you continue to pray that God would continue to guide us?



Feel free to contact ARO's Executive Director, Dwayne Mills, at dwayne.p.mills@gmail.com



DONATE NOW TO ARO

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