

February 2023 Newsletter



Psalms 16:8 I keep my eyes always on the Lord. With him at my right hand, I will not be shaken.

Have you ever felt like chaos was just swirling around you? Or that most things around you were falling apart. I personally have lived through these difficult times, and it is easy to always be focused on the hard times and the problems.

Recently I have found myself in one of those "seasons".

I was spending time with God and sharing my heart with Him. And isn't he always gracious and merciful to us? I know in these seasons I have spent time questioning God and trying to fight these battles on my own. But in His grace, which I am abundantly thankful for, he gently reminded me. Change your focus. We know in this life that there will be troubles. He reminded me to keep my gaze on Him & I will not be shaken! Instead of watching the difficult things around me, I can fix my eyes on Him and no matter what I will not be moved. I'm thankful for His promises and His grace to always correct me and turn me back to Him.

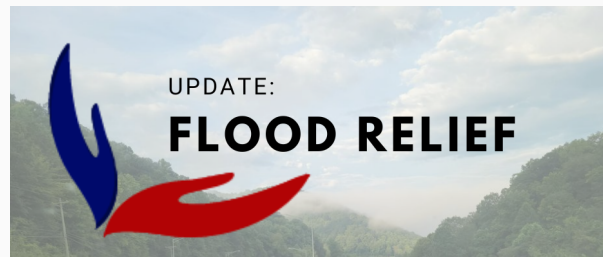
In Christ,
Jennifer Caplinger
ARO Administrative Assistant



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Through ARO and ARO's partner Love Your Neighbor, work is continuing to be done, but much work still needs to be completed, and will continue for quite some time. Especially in these colder months, as we are not out of the winter months yet, the need is still great! If you are interested in scheduling a team for 2023, email:
dwayne.p.mills@gmail.com or salena.lehman@gmail.com



Mount Vernon Nazarene University-Mandate Team

Our 1st Work & Witness team of the year worked on 3 different projects throughout ARO's campus. They completed painting projects around campus, organizing in the ARO Thrift Store and prepared devotional guides for those that will be serving with ARO in 2023. They were a huge blessing to the ministry of ARO. Thank you for serving well!!





Mount Vernon Nazarene University-Nursing Department

The Nursing Department from Mount Vernon continues to be a blessing to ARO and our ministry. When they first arrived to Inez one of their students saved a life by performing the Heimlich maneuver on a gentleman that was choking at the local KFC/Taco Bell. Spent time in the local school system, served the residents of the White Oak Hill Women's Residential Facility. They also served and participated in the Celebrate Recovery. They helped unload a trailer for the ARO Thrift Store, and visited ARH Regional Hospital and Big Sandy Health Care to learn about healthcare in Appalachia. What a busy and wonderful week!

ARO and the Nursing Department from Mount Vernon spent the day serving the mothers at Karen's Place Maternity Center. They lead workshops and provided supplies and resources to the mothers and their babies.







An illustration of an orange passenger van driving on a winding road. The road is black with white dashed lines, curving through a blue landscape with stylized mountains. The van is shown from a side profile, moving towards the right. The background is a solid blue color.

ARO IS IN NEED OF A PASSENGER VAN! WILL YOU HELP US?

The logo for Appalachian Reach Out (ARO) is located at the bottom left of the illustration. It features the letters "ARO" in a stylized font, with a red and blue graphic element below it. The text "Appalachian Reach Out" is written above "ARO" and "Christ's Love in Action" is written below it.

Calling all ARO friends with vehicle connections: ARO is in need of a people mover! Thanks to those who gave during the end of the year fundraiser and the support of our board, we are ready to obtain a 15-passenger van to help shuttle work and witness teams, transport school age students to and from summer camps and ARO VBS's, and open the door to facilitate other programming options we'd like to develop. Would you help us get a great deal? If you have connections to a dealer who would want to give us a discount, a great quality used van your church no longer needs, or are aware of any upcoming grants for ministry vehicles, please let us know!



Our ARO Food Pantry has been busy continuing to help families in our community. We are blessed that we are able to serve the amount of families we have been able to help. We want to be able to continue to serve as many families that grace our doorsteps, but because of this increase, we are asking for donations to our food pantry. If you would like to donate the following items, it would be greatly appreciated:

- Family sized cereal
 - Family sized orange/apple juice
 - Cartons of shelf stable milk
 - Cans of soup
 - Chef Boyardee in cans
 - Pinto beans in bags
 - Peanut butter
 - Jelly
 - Spaghetti noodles
 - Jars of spaghetti sauce
 - hand held can opener's - please no electric can opener's
- *All items need to be within their expiration date*



If you are in the area where Dwayne will be speaking, or want to plan to hear about ARO and how God is moving in the mountains, we would love to see you on the road!

Dwayne's Upcoming Speaking Schedule:

Sunday, March 12 – Parkersburg Nazarene – Parkersburg, West Virginia

Sunday, March 19 – Living Well Nazarene – Salem, Virginia

Thursday, March 23 – Chic Shaver Center for Evangelism – Kansas City, Missouri

Sunday, March 26 – Ironton Nazarene – Ironton, Ohio



ARO on the Road 2023-Napoleon Nazarene, OH

Nap Naz will be sending a team to ARO this summer. We look forward to continuing this partnership.



ARO on the Road 2023- Southwest Indiana District NYI Celebrate Life, IN
&
Parkview Church of the Nazarene, IN

Dwayne visited SWID, the church district he used to serve on in the beginning of his ministry. What a blessing to be able to see old friends, new friends, and some old cars :)





ARO on the Road 2023-Generations Church, KY

It's a blessing to continue to partner with this faith community! They have been a faithful partner in the last few years!!



Thank you for partnering with ARO to be *Christ's Love in Action*. Thank you for your faithful prayers, service, giving, and trust in ARO! All that has been accomplished would not be possible without you! Will you continue to pray that God would continue to guide us?



Feel free to contact ARO's Executive Director, Dwayne Mills, at dwayne.p.mills@gmail.com



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